

For Cable TV viewers: Tune in to the *ETC Ecumenical Channel* on FRIDAYS at 11 am & 8:30 pm for the Orthodox spiritual life series “**A Journey to Fullness**”. The program airs from November 16, 2018 through February 19, 2019. For a program description, visit <https://www.youtube.com/watch?v=sPXDnwwJY24>